



the fresh fork

SEASONAL CATERING. QUALITY SERVICE.

order online at:
www.eurestconferencecatering.catertrax.com

BOXED LUNCHES

72 hours advance ordering is required for all orders.

orders for Monday or Tuesday delivery must be received no later than the previous Thursday at 4:00pm.

due to the nature of our operations, we are limited in our ability to accommodate last minute requests.

please call maija talikka at (202)740-3539 for information about minimums and fees for deliveries outside of the NIH Rockville Pike campus.

sorry, no substitutions

boxed lunches

sandwich box, \$11.99

your choice of sandwich or wrap, served with chocolate chip cookie, kettle chips, apple and choice of beverage.

entrée salad box, \$12.99

your choice of entrée salad, served with chocolate chip cookie, kettle chips, apple and choice of beverage.

protein pack, \$10.99

sliced apple, baby carrots, cheese & grapes, hummus, special k protein bar, crackers and choice of beverage.

gluten free boxed lunch, \$12.99

turkey & swiss on a gluten free roll served with apple, kettle chips and choice of beverage.

a la carte

side salad \$2.99 each

side caesar

snacks - a la carte, \$.99 each

apple, orange, banana, nature valley crunchy granola bar, nabisco 100 calorie cookie pack, chex mix

beverages - a la carte, \$1.75 each

bottle water, coke, diet coke, sprite, ginger ale, lemon iced tea, orange juice, cranberry juice

sandwich selection

italian combo – prosciuttini, genoa salami, provolone cheese, green leaf lettuce, tomato, sun-dried tomato puree, seeded hero

turkey – roasted turkey, cheddar cheese, green leaf lettuce, sliced white bread

vegetarian – yellow squash, zucchini, eggplant, mozzarella cheese, roasted red peppers, balsamic vinaigrette, ciabatta

entrée salad selection

chicken caesar – romaine lettuce, grilled chicken, seasoned croutons, shredded parmesan cheese, caesar dressing

cobb – nordic lettuce blend, smoked turkey, hard boiled egg, bacon, blue cheese, grape tomato, buttermilk ranch dressing

greek – nordic lettuce blend, feta cheese, kalamata olives, green bell peppers, panini bread, grape tomato, red onions, cucumber, champagne dressing

gluten free selection

turkey & swiss on gluten free roll

side salad selection

side caesar salad – romaine lettuce, seasoned croutons

boxed lunch beverage selection

bottled water, coke, diet coke, sprite, ginger ale, lemon iced tea

sales tax and 10% service fee not included in above pricing and will be charged online at the time of check out



BREAKFAST BITES

FRUIT & YOGURT

seasonal fresh fruit platter

small (serves 10-15) or large (serves 25-30)

\$35.00 | \$65.00

individual assorted yogurt

\$1.39 per each

whole fruit (apple, banana, orange)

\$0.99 per each



CONTINENTAL PLATTERS

SMALL serves 12 | LARGE serves 18

assorted mini danish

\$18.25 | \$27.25

mini assorted tulip wrapped muffins

\$28.25 | \$42.25

mini plain bagel

\$18.25 | \$27.25

MINI QUICHE

roasted red pepper & goat cheese quiche or assorted

three cheese, florentine, mushroom, classic French

\$48 per 24 pieces



BEVERAGES

INCLUDES CUPS AND CONDIMENTS

regular or decaf coffee (serves 16)

\$31.98 per gallon

hot assorted teas (serves 16)

\$31.98 per gallon

agua fresca (seasonal infused water)

\$1.49 per person

assorted juices

\$2.09 per each



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FRESH BITES

seasonal fruit & cheese platter

assorted seasonal fruits, artisan cheeses and crackers

small \$55 (serves 10-15pp)

large \$105 (serves 25-30pp)

fresh fruit platter

an assortment of sliced, seasonal fresh fruit

small \$35 (serves 10-15pp)

large \$65 (serves 25-30pp)

garden crudite

fresh seasonal vegetables with a tangy dip

small \$55 (serves 10-15pp)

large \$105 (serves 25-30pp)

french antipasto skewers

marinated mushroom, sun-dried tomato, mozzarella cheese, and olive

\$46 per 24 pieces

chicken caesar pinwheels

chicken breast, tomato, green leaf lettuce, creamy caesar dressing in a garlic wrap

\$28 per 24 pieces

tomato & mozzarella pinwheels

fresh sliced tomato, mozzarella cheese, green leaf lettuce, basil pesto and cream cheese

in a red pepper wrap

\$28 per 24 pieces

turkey & smoked gouda pinwheels

roasted turkey, gouda cheese, green leaf lettuce, tomato, mayo and

cream cheese on plain wrap

\$28 per 24 pieces



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SAVORY BITES

VEGETARIAN

24 pieces per platter

kale potsticker (vegan)

\$38.00

a garden fresh mix of kale, edamame, scallions, carrots and shoepeg corn, with an asian-inspired blend of herbs and spices

artisan corn & jalapeno jack cakes

\$48.00

handmade artisan corn cakes with jalapenos, monterey jack cheese, fresh green onions and honey-butter drizzle

spanakopita

\$48.00

flaky triangle phyllo pastry filled with spinach, zesty feta cheese and savory spices

brie with raspberry jam

\$54.00

brie with toasted almonds & raspberry jam in a phyllo bundle

crispy asparagus

\$60.00

a fresh asparagus spear with savory asiago cheese, hand wrapped in crisp buttery phyllo

fig & marscapone phyllo beggar's purse

\$62.00

sweet and savory pairings of calimyrna figs and mascarpone wrapped in a light buttery phyllo purse

mushroom tart

\$62.00

shiitake, oyster, portobello, cremini and button mushrooms, fresh herbs and swiss cheese fill a flakey handmade chive tart shell

SEAFOOD

24 pieces per platter

bacon wrapped scallops

\$72.00

a mouth-watering combination of plump white sea scallops, wrapped in a strip of lean bacon

coconut shrimp

\$72.00

a large butterflied shrimp with a mild coconut batter, toasted coconut and bread crumbs

bbq shrimp and grits bite

\$62.00

whole shrimp marinated in a hardwood smoked bbq sauce on a savory hand-formed grit cake

mini lobster cobbles

\$70.00

fresh lobster claw and tail with sherry cream, mushrooms, shallots and buttered bread crumbs in a pastry shell



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SAVORY BITES

CHICKEN, LAMB & BEEF

24 pieces per platter

mini chicken marsala pot pie

\$50.00

slow roasted chicken, with marsala wine, rich cream, fresh green onions, mushrooms and shallots, baked in a handcrafted buttery pie crust

chicken lemongrass potsticker

\$38.00

ground chicken, fresh scallions, and roasted garlic with hints of lemongrass

chicken satay

\$48.00

skewers of chicken tenderloin bites with a thai-peanut dipping sauce

mediterranean lamb kabob

\$72.00

certified halal lamb, marinated in a harissa blend with cumin, coriander, paprika, garlic, lemon and red onion

petite beef wellington

\$66.00

a savory piece of beef tenderloin with mushroom duxelle wrapped in a french-style puff pastry



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SWEET BITES

mini cup cakes

chocolate & vanilla, red velvet, carrot cake
\$78 per 48 pieces

assorted brownie bites

\$105 per 48 pieces



mini assorted dessert cups

raspberry with pistachio crumble, café choc-o-lait, lemon meringue, triple chocolate crème,
\$105 per 36 pieces

mini french macarons

raspberry, vanilla, chocolate, pistachio, lemon, cappuccino
\$36 per 24 pieces

cheesecake drops

classic ny style, chocolate, raspberry, peanut butter, pumpkin (seasonal)
\$60 per 35 pieces



mini assorted french pastries

\$85 per 36 pieces

black & white petit fours

royal chocolate, carrot cake, coffee liqueur, french vanilla coffee, cookies'n creme brownies, triple chocolate brownies, white almond bonbons and milk chocolate bonbons
\$46 per 24 pieces

cookie platter

choice of chocolate chip, home-style peanut butter, old fashioned sugar, oatmeal raisin spice
\$36 per 24 pieces



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